

8 STEPS IN RESPONDING TO A FALL

FIRST 24 HOURS

- 1 Evaluate and Monitor Resident
- 2 Investigate Circumstances
- 3 Record Circumstances, Resident Outcome and Staff Response
- 4 Fax Alert to Primary Care Provider

1 - 7 DAYS

- 5 Immediate Intervention
- 6 Falls Assessment
- 7 Care Plan Development

1 - 6 MONTHS

- 8 Monitor Implementation and Resident Response

8 STEPS IN RESPONDING TO A FALL

- 1 Evaluate and Monitor Resident**
Increase monitor for 72 hours after fall
- 2 Investigate Circumstances**
Non-blaming to frontline staff to collect data
- 3 Record Circumstances, Resident and Staff Response**
TRIPS Tracking Record of Improving Patient Safety
- 4 Fax Alert to Primary Care Provider**
Let physician know of probable risk factors and action being taken
- 5 Implement Immediate Intervention**
30 - 40% of fallers will fall again unless action is taken
- 6 Complete Falls Assessment**
Medication, hypotension, vision, mobility, behavior
- 7 Develop Plan of Care**
Completed 1-7 days after fall; Fall Intervention Plan
- 8 Monitor Staff Compliance and Resident Response**
Intervention only effective through staff compliance

*Adapted from: Fall Management Program: A Quality Improvement Initiative for Nursing Facilities.
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